



**SOUTH COUNTY  
PSYCHOLOGICAL, INC.**  
Finding solutions and feeling better.

**Authorization for Release of Client Information**

Client's Name: \_\_\_\_\_ Date of Birth: \_\_\_/\_\_\_/\_\_\_

Address: \_\_\_\_\_

Telephone Number: (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

I give permission and authorize **Susan J. Novak, PhD** at South County Psychological, Inc., 23832 Rockfield Blvd, Suite 150, Lake Forest, CA 92630 to  
 \_\_\_ release information to: \_\_\_ obtain information from:  exchange information with:

Name: Anthem Blue Cross

Address: \_\_\_\_\_

Phone Number: (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

Relationship to Patient: pt's insurance company

**Note:** Fees may apply to consents that require information to be copied and/or mailed.

**Purpose:** The information disclosed may only be used for the following purpose(s): billing and insurance

**Nature of Information Provided:**

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Summary of Treatment | _____ Only Confirm Enrolled in Treatment                            |
| _____ Psychological Testing Results                      | <input checked="" type="checkbox"/> Confirm Dates of Visits         |
| _____ Evaluation Reports                                 | <input checked="" type="checkbox"/> Diagnosis & Treatment Details   |
| <input checked="" type="checkbox"/> Treatment Reports    | <input checked="" type="checkbox"/> Progress Reports                |
| _____ Copies of Medical Records/X-rays/Tests             | _____ Complete Attached Form  |
| _____ Psychiatric Evaluation and Treatment               | <input checked="" type="checkbox"/> History and Current Functioning |
| _____ Confirm, Schedule and Cancel Appointments          |   |
| _____ Other: _____                                       |   |

**Type of Information:**

- Mental Health dated from \_\_\_\_\_ to treatment end Initials \_\_\_\_\_
- \_\_\_\_\_ Alcohol/Drug dated from \_\_\_\_\_ to \_\_\_\_\_ Initials \_\_\_\_\_
- \_\_\_\_\_ Medical dated from \_\_\_\_\_ to \_\_\_\_\_ Initials \_\_\_\_\_
- \_\_\_\_\_ Other: \_\_\_\_\_ from \_\_\_\_\_ to \_\_\_\_\_ Initials \_\_\_\_\_

**Duration of Authorization:** This authorization shall remain in effect for:

One year from the signature date       One time contact  
 Until this treatment episode ends       Until this disability/legal case is concluded  
 Other: \_\_\_\_\_

**Revocation:** You or your representative can revoke this authorization at any time. If you revoke this authorization, any information disclosed or received prior to you notifying South County Psychological, Inc. of your wish to revoke this authorization shall not constitute a breach of confidentiality.

**Redisclosure:** Once this information is disclosed, how the recipient further discloses or uses the information may no longer be protected under federal privacy law (HIPAA) or confidentiality laws.

**Free to Consent:** You are signing this release freely. There are no adverse consequences to the treatment you receive from South County Psychological, Inc. for choosing not to sign this release, or if you later choose to revoke this release. If you are using insurance to pay for your treatment, or have a disability, a legal, or a medical case which needs mental health information, your choice not to allow South County Psychological, Inc. to share information may or may not affect those insurance, treatment, legal, or medical issues.

A copy of this authorization is as valid as an original. I have the right to receive a free copy of this authorization.

**I, the undersigned, have read this authorization prior to signing it, fully understand the nature of this release, and freely give my consent to release the information as described above.**

_____	_____
Client's Signature	Date
_____	
Printed Name	
_____	_____
If Client is a Minor, Parent's or Guardian's Signature	Date
_____	_____
Witness' Signature	Date

**To recipient of release:** The information has been disclosed to you from records protected by Federal confidentiality rules (42 CFR Part 2). The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 CFR Part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose. The Federal rules restrict any use of the information to criminally prosecute any alcohol or drug abuse patient.